

## CAMPUS SMARTZ MADE EZ

**KNOW** – the emergency telephone number for your office, building, or campus

**FAMILIARIZE** – yourself with the emergency situation protocols, plans, and communication methods. If there are none, push to have them established

**FOLLOW** – the instructions provided by emergency responders while you believe it makes sense, but ultimately, use your own common sense if something doesn't seem correct.

**JOIN** – the Emergency Planning Team (EPT) to become involved in the planning and preparation for any emergency situation.

**REPORT** – anything suspicious or anyone acting in a suspicious manner to the appropriate on site or law enforcement agency.

**IN CASE OF** – an emergency, know where the exits are, where the assembly areas are, and how to sound the alarm to warn others.

## DISCLAIMER

Every effort has been made to ensure the accuracy of the information provided and discussed in this brochure. At the time of printing and presentation this material is, to the best of our knowledge, accurate however sometimes anomalies, omissions, and factual errors may exist. This brochure may be modified at any time without prior notice either in part or in full.

Community Patrol Service is a not-for-profit group run entirely by unpaid volunteers.

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## COMMUNITY PATROL SERVICE

EZ-DEFENSE PROGRAM

## CAMPUS & OFFICE SAFETY



*“Building Safer Neighborhoods by  
Collaborating on Community Safety  
and Security”*

**ESTABLISHED IN 1998**

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**BE ALERT** – Keep your head up and your eyes open at all times. Criminals look for easy targets and will prey of those who don't pay attention. Know who, and what, is around you at all times.

**DON'T LIMIT YOUR SENSES** – Blasting music through two earbuds, or focusing on your cellphone can leave you dangerously susceptible to a criminal or a simple accident.

**TRUST YOUR INSTINCTS** – If something or someone doesn't feel, look, or seem quite right – it probably isn't. Trust your primitive survival brain instincts, even if it makes you look or feel foolish. Walk a mile out of your way or pay \$50 for a ride-share to avoid a "risk."

**STAY IN THE LIGHT** - At night, and even during the daytime, stick to well-lit, well-traveled streets and routes. Avoid dark and lonely, out of the way routes as they will attract just the sort of people you don't want to meet in that location.

**IF A FIRE BREAKS OUT** – evacuate immediately to the pre-determined assembly area until you are certain the danger is over. Don't wait to be told to evacuate by security or fire personnel. Minutes can mean the difference between survival and death.

**IN CASE OF A CHEMICAL RELEASE** – know the details of how to shelter in place. Use wet towels or wet paper to plug openings and block air vents that may bring toxic chemicals into your environment. Use local radio emergency broadcasts to listen for the all clear.

**IN CASE OF AN EXTERNAL INCIDENT** – that forces evacuation of your building or campus, know the many egress routes available to you. Encourage your building or campus to conduct occasional tests and practice evacuations.

**IN CASE OF AN EARTHQUAKE** – Drop to the floor/ground, cover your head and neck with your hands or a solid object and wait for the shaking to stop. If you find something solid to cover under, hold on to it so it does not move away from you during the shaking. **DROP, COVER, HOLD.**

If you can't find anything to shelter under, move as close to the wall as possible and remain there until the shaking stops. Don't run out of a building or structure unless it is literally collapsing around you. Falling debris outside the structure is probably more dangerous than remaining within the structure.



**GET TRAINING** – We think EVERYONE should have some formal self-defense training from a reputable source. It doesn't have to be a ten-year martial arts black belt course, thought that would be very useful in some circumstances. Training helps you to prepare for an unexpected threat, and it offers you options in responding to any threat.

**PERSONAL ALARM** – Everyone should carry a personal alarm with them at all times. This small device emits a piercing sound when activated and may dissuade an attacker, and attract assistance at the same time.

**PEPPER SPRAY** – Consider carrying and training in the use of pepper spray. Pepper spray can be a very effective self-defense tool in a bad situation, and may give you enough time to run to safety.

**CONDUCTED ELECTRICAL DEVICE** – CED's (more commonly known by the brand name TASER) offer another effective defensive tool in a bad situation. Again, they require training to use them effectively in a stressful situation.