

## STREET SMARTZ MADE EZ

**BEFORE** – Before you leave home, plan your trip, how you will get there, how you will get home, how you will avoid dangerous spots and have a contingency plan to get home by ride-share or with a friend – just in case.

**EVADE** – If something/someone doesn't look right, seem right, feel right – then avoid it at all costs. Take another route, step into a store, call a ride-share. Do whatever you can to evade the "risk." If you're not there, you can't get hit.

**WARN** – Warn potential attackers that you are aware of them and will defend yourself. Act confidently and look them in the eye. Don't be an "easy" target for them.

**ATTRACT** – Shout, scream, use a personal alarm, make as much noise as possible if you are being attacked. Tell witnesses to call the police for you.

**REACT** – Give up money and personal items if you think you'll walk away unharmed. FIGHT with all your might if anything else is the case.

**ESCAPE** – At your first opportunity, get away and report the incident to police as quickly as possible.

## DISCLAIMER

Every effort has been made to ensure the accuracy of the information provided and discussed in this brochure. At the time of printing and presentation this material is, to the best of our knowledge, accurate however sometimes anomalies, omissions, and factual errors may exist. This brochure may be modified at any time without prior notice either in part or in full.

Community Patrol Service is a not-for-profit group run entirely by unpaid volunteers.

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## COMMUNITY PATROL SERVICE

EZ-DEFENSE PROGRAM

## GENERAL SAFETY TIPS



*"Building Safer Neighborhoods by  
Collaborating on Community Safety  
and Security"*

**ESTABLISHED IN 1998**

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**BE ALERT** – Keep your head up and your eyes open at all times. Criminals look for easy targets and will prey of those who don't pay attention. Know who, and what, is around you at all times.

**DON'T LIMIT YOUR SENSES** – Blasting music through two earbuds, or focusing on your cellphone can leave you dangerously susceptible to a criminal or a simple accident.

**TRUST YOUR INSTINCTS** – If something or someone doesn't feel, look, or seem quite right – it probably isn't. Trust your primitive survival brain instincts, even if it makes you look or feel foolish. Walk a mile out of your way or pay \$50 for a ride-share to avoid a "risk."

**STAY IN THE LIGHT** - At night, and even during the daytime, stick to well-lit, well-traveled streets and routes. Avoid dark and lonely, out of the way routes as they will attract just the sort of people you don't want to meet in that location.



**DON'T LEAVE VALUABLES** – Keep your cellphone, laptop, i-pad, and any other valuables with you out of sight as much as possible in public. Don't leave them unattended, even for a "second" if you don't want to lose them.

**CARRY ONLY WHAT YOU NEED** – Take only what you really need on your trip, i.e. some cash, one or two credit cards etc. Don't carry everything you have, if you don't need to.

**PARTNER PROTECTION** – If you must travel at night, always try to plan to go with friends rather than alone. If you can't travel "in a pack" consider public transportation or a ride-share instead. Lone individuals often present a more attractive target of opportunistic crime.

**DON'T OVERLOAD** – If your concentration is on your backpack, laptop carrier, jacket, and a couple of shopping bags, you may be less aware of your surroundings and possible threats in it. Try to minimize what you need to carry, to make it easier to RUN if you need to.



**GET TRAINING** – We think EVERYONE should have some formal self-defense training from a reputable source. It doesn't have to be a ten-year martial arts black belt course, thought that would be very useful in some circumstances. Training helps you to prepare for an unexpected threat, and it offers you options in responding to any threat.

**PERSONAL ALARM** – Everyone should carry a personal alarm with them at all times. This small device emits a piercing sound when activated and may dissuade an attacker, and attract assistance at the same time.

**PEPPER SPRAY** – Consider carrying and training in the use of pepper spray. Pepper spray can be a very effective self-defense tool in a bad situation, and may give you enough time to run to safety.

**CONDUCTED ELECTRICAL DEVICE** – CED's (more commonly known by the brand name TASER) offer another effective defensive tool in a bad situation. Again, they require training to use them effectively in a stressful situation.